

# Therapy Space

## Deb Broughton

### Counsellor/Psychotherapist

My name is Deb Broughton and I was born and raised in the United Kingdom and have lived in Australia for over twenty years. I studied at the Australian College of Applied Psychology (ACAP), qualifying with a degree in counselling. I am a registered clinical member of the Psychotherapy and Counselling Federation of Australia (PACFA).

I work primarily from a humanistic perspective, as a counsellor in the modalities of Person Centred and Solution Focused counselling. I have extensive counselling and case management experience working within the lesbian, gay, bisexual, transgendered, intersex and queer (LGBTIQ) community for the past eighteen years. In conjunction with counselling I also coordinate a team of volunteer counsellors within a leading HIV Community Health organisation.

Individual sessions are one hour in length and charged at \$120 per session. A negotiated rate can be reached for those financially disadvantaged where available. Medicare does not currently offer rebates for counselling and psychotherapy.

Experienced in areas of:

- Gender questioning
- Depression
- Addiction
- HIV/AIDS
- Anxiety
- Relationships



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