

# Therapy Space

## Curt Mason

### Counsellor/Psychotherapist

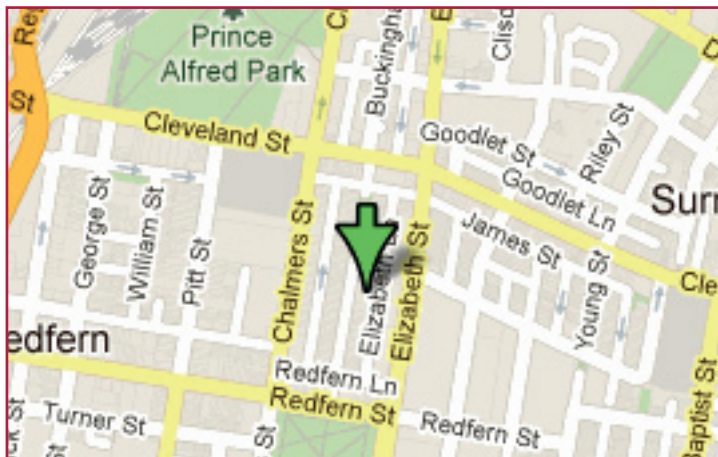
My name is Curt Mason and I am a **Person Centred Counsellor** and **Gestalt Psychotherapist**. I was born and grew up in London, England where I trained to become a therapist at the Metanoia institute. I have been living in Sydney for nine years and I have been working in Non Government Organizations as a counsellor for ten years. I continue to develop my training and have previous experience in a process orientated approach, existential theory and am currently practising in Gestalt psychotherapy. I am a clinical member of **The Counsellors and Psychotherapists Association of New South Wales Inc.**

I work primarily with individuals in one to one sessions and can work both short term and longer term depending on your needs. I am also trained and experienced in facilitating therapeutic groups. Individual sessions are \$120. The fee to attend therapy groups is \$75 per person.

Medicare does not currently offer rebates for counselling and psychotherapy.

I am experienced in working in these area

- Childhood Experiences
- Life Transition
- Relationship problems
- Addictive/compulsive behavior
- Intimacy
- Gender and Sexuality Exploration
- GLBT
- HIV/AIDS
- Trauma
- Grief and loss
- Depression
- Anxiety
- MBSR (Mindfulness Based Stress Reduction)
- Dream work



**Talk.** 0433 568 261 **Write.** [curtmason@therapyspace.com.au](mailto:curtmason@therapyspace.com.au)

**Post.** The Horden Warehouse Suite 207 / 59 Great Buckingham St, Redfern, 2016, Sydney